

TIPS AND SUGGESTIONS

On Our Way To K!



Embarking on the journey of starting school is a significant milestone. Parents play a crucial role in ensuring their child's transition is a joyful and positive experience.



Provide independence

Give your child the opportunity to try things independently - prepare them to zip their jackets and open their lunch containers.



Visit the school

Visiting the school grounds will lead to a familiar experience when your child starts school. It will be one less "new" thing for them.



Validate your child's feelings

Your child may express both fear and excitement - whatever feelings they have are appropriate and deserve to be validated.



Encourage play with others

Developing social skills such as listening and turn-taking support a child's ability to create positive relationships.



Spend time with your child

Through reading, playing, snuggling; however you choose, creating a healthy attachment with your child will help ease those school jitters and prepare them to embark on a new journey.



Attend the transition events!

On Our Way To K is designed to support your child's healthy transition to school. Attending these events will support your family and create a familiar experience.